


ESSENTIALS

FOR HIP HOP TEACHERS



AUTHENTIC HIP HOP
IN-DEPTH TECHNIQUE
REAL CLASS STRUCTURE

The "Essentials" method for class brings together what is necessary for proper education & what is necessary for authentic hip hop, creating a real hip hop environment with structure.



WHO IS THIS WORKSHOP FOR?

Dance Teachers


You might feel like you've run out of things to do with your dancers. Do you have trouble applying your lessons to a certain age group? Do you find that your class is choreography-heavy without much emphasis on terminology? Do you rely on technique from other genres?

This workshop will greatly expand your vocabulary. However, terminology and technique are only half of it. We discuss how to adjust your movement to various age groups, keeping choreography modern and fresh without letting go of foundation, and a ton of tools to expand on your own choreography and lessons effectively. The goal is to create an authentic, yet structured hip hop environment.

Street Dancers

Perhaps you are knowledgeable in hip hop and street styles techniques. If you find trouble landing or holding a teaching job, perhaps you need training in education methods. Rather than just going in and doing what dancers do with the hopes that kids can follow, dance studios hope to have a teacher that will run an educational and structured class.

This course gives you a look at communication, class structure, childhood education, & choreography methods so that you can take your vast knowledge and apply it long term to dance students.





Subjects

Discussion - Class Structure, Discipline, Choreography Approach, Tips

Discussion - The History of Hip Hop

Creative Movement - exercises to build on freestyle and choreography creation

Class Exercises - Games, Challenges, and other things to try with your students

Class Types - Approaching class based on age, size, gender

Breakin (B-boy, B-girl, Breakdance) - Terminology, Technique, History

Hip Hop - Original Party Dances, Modernized Movement, Technique, History

Locking - Soul Dances, Terminology, Technique, History

Popping - Style Variations, Terminology, Technique, History

Rhythms - The importance of the "Bounce" and its various approaches

This course can be modified to the preference of any individual or dance studio. It is strongly recommended that you choose at least a 4 hour course for the standard necessary information to be applied. Training can be adjusted and extended in a number of ways. 2 day courses cover much more terminology and allow an opportunity to be further observed and corrected with your new lessons.

Booking

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